



For a synodal Church

In October 2021, Pope Francis opened a worldwide synod process. A synod is an assembly that gathers under the guidance of the Holy Spirit to discuss and decide on matters in the Church's life and mission.

The synod listening sessions invite us to listen deeply and share with one another in order to discern how God is calling us to journey together more closely as his Church.

Our Synod Listening Sessions begin Sunday, March 6 with 4 sessions each week on the same topic

AND

and a different topic for each of the next three weeks.

Week 1 - Communion

Week 2 - Mission

Week 3 - Participation

The aim of each session is simply to be present to the inspiration of the Holy Spirit and to one another, to listen to and to learn from each other, and above all, to grow closer to Jesus Christ and his Church.

Find the dates and times at AmericanMartyrs.org/Synod

COMMUNION

MISSION

PARTICIPATION

DAILY MASS

6:30am	Tuesday & Thursday
8:10am	Monday - Saturday
12:10pm	Monday - Friday
5pm	Monday & Wednesday
5:30pm	Friday

SACRAMENT OF RECONCILIATION

Tuesday, 7-7:30am
Wednesday, 5:30-6pm
Thursday, 7:30-8am
Saturday, 8:45-9:30am

DAILY ROSARY

In the Church | Monday-Saturday, 7:30am

Rosary & Divine Mercy Chaplet
Wednesday, after 5pm Mass

LENT

at American Martyrs Church

JOURNEY TOGETHER

*We fast, we pray,
we think of ways to help the poor
and to live justice
in the presence of God's mercy.*

AmericanMartyrs.org/Lent

PRAY

PRAY THE DAILY LENTEN PRAYER

Monsignor Barry's Lenten Prayer Card

ADD "THE MINUTE MESSAGE" TO YOUR MORNING'S PRAYER

Msgr. Barry's One Minute reflection on the day's scripture (on YouTube, Instagram and Facebook)

ADD A DAILY MASS TO YOUR WEEK

SPEND TIME WITH THE BLESSED SACRAMENT

Adoration Chapel in the church | Daily 7am-7pm

Adoration on the Plaza

Monday-Friday, 9am-4pm | Saturday, 9am-12pm

PRAY THE ROSARY

RECEIVE THE GRACE OF RECONCILIATION

SILENT MEDITATION

St. Joseph Chapel | Friday, 11-11:45am

SUPPORT THE 40 DAYS FOR LIFE PRAYER VIGIL

Pledge to pray and fast for an end to abortion

Join others at a local 40-day prayer vigil

40daysforlife.com/Lawndale

COMMUNAL PENANCE SERVICE

Monday, April 4, 7:30pm

FAITH-FILLED FRIDAYS

12:10 Mass, followed by a Holy Hour, and then Exposition of the Blessed Sacrament until 5pm

5pm	Stations of the Cross
5:30pm	Mass
5:30pm	Lenten Friday Dinner

PRAY OUTSIDE ON OUR PATHWAYS OF PRAYER

Pray the Stations of the Cross or meditate on our Walk with Jesus pathway

PEACE GARDEN

Find quiet time in our Peace Garden

ROSARY WALK

Pray the Rosary along our Rosary Walk

LINC 5-WEEK LENTEN SERIES

Enrich your Lent by joining our Small Faith Sharing Groups for prayer and reflection.

In-person on Thursdays, 10:30am-12noon or virtually via Zoom, on Mondays, 7-8:30pm.

Register online.

MSGR. BARRY'S LENTEN RETREAT

Thursday, March 31

10am Reflections and Q&A with Msgr. Barry followed by Stations of the Cross and Mass.

In the Church or via livestream.

FAST

LENTEN FRIDAY DINNER

Join others In O'Donnell Hall on Friday evenings, 5:30-7pm for a simple meatless meal of Homemade Soup, Salad and sandwiches for the kids.

All donations are given to the poor.

(Note: March 11 and 18 will be takeout only nights)

Ash Wednesday and Good Friday are days of Fast and Abstinence.

All Fridays during Lent are days of Abstinence.

FASTING means one full meal plus two partial meals, together not equaling one full meal, and not eating between meals for all ages 18-60 in good health.

ABSTINENCE means abstaining from all meat for all ages 14 and over.

GIVE

LOAVES AND FISHES FOOD DRIVE

A month long food drive sponsored by Youth Ministry during March, collecting non-perishable food for our sister parish, St. Lawrence of Brindisi in Watts.



GUATEMALA MISSION OUTREACH

Food Packing Event - Saturday, March 19

Help us pack 150,000 meals for our friends in Guatemala. Signup for a 2 hour shift.

EASTER BASKETS FOR KIDS IN FOSTER CARE

We have teamed up with Olive Crest Foster Care to provide Easter Baskets for children in foster care.

Contribute items for the baskets or come to help assemble the baskets on Saturday, April 9.

CRS RICE BOWL

Through Rice Bowl, we learn about how our sisters and brothers across the globe overcome hardships like hunger and malnutrition, and how we have the power to make the world a better place for all.

