Lord, during this Lenten Day, Remove the pebbles

between the toes of my soul. Give me safe footing lest I trip or fall into an attitude that forgets your infinite mercy and love. May I be united in the cry of David, *"Create in me a clean heart, O God."* Let my prayer be more in silence and awareness of your presence rather than the noisy repetition of my own words.

Bless me with a *listening* heart so that my hearing of your Word may protect me from the distracting noises of voices that are not yours. Amen.

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